



PALM BEACH GARDENS Activity Calendar FEBRUARY 2012



Support Group Meeting
 First United Methodist Church
 815 E. Indiantown Road Jupiter, FL
 Wednesdays 2:15 - 4:00 pm
 Call Jo Ellen Smith, RN at (561) 683-2700

Specialized Adult Day Service Center - Palm Beach Gardens
 Nativity Lutheran Church
 4075 Holly Drive
 Palm Beach Gardens, FL 33410
 (561) 630-4724
 Mon-Fri 7:30am - 5:30pm
 Kathryn Hosaflook, LPN- Program Manager
 Linda Young, LPN - Program Nurse

Visit our Website (www.alzcare.org)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>The following is a schedule of activities, which occur on structured basis. Special Events/Activities for each day are scheduled on the calendar. Monthly Schedule is subject to change at Program Manager's discretion.</p> <p>7:30 Program Orientation 8:00 Coffee/Hydration 8:30 Table Time Fun 9:00 Activity #1 9:30 Social Time = Friends 10:00 Current events 10:30 1 Sport 11:00 Exercise 11:30 Activity #2 11:45 Personal Care 12:00 Lunch 1:00 1 Chair Exercise 1:30 Activity #3 2:00 Activity #4 2:30 Personal Care 3:00 Sing A Long 3:30 Snack/Hydration 4:00 Afternoon Stretch 4:30 Activity #5 5:00 Housekeeping</p> <p>SPECIAL EVENTS:</p> <p>1st Pet Therapy Karaoke with Harold</p> <p>3rd Super Bowl Party</p> <p>13th Morning Glory Singers</p> <p>14th Celebrate Valentine's Crown a King & Queen</p> <p>20th President's Day Celebration</p> <p>27th Health Focus</p> <p>29th Monthly Birthday Party</p> <p>Every Friday - Music Therapy</p>	<p> 24 Hour Crisis Line 1-800-394-1771</p>		<p>1</p> <p>9:00 Puzzles / Clip Coupons 10:00 Pet Therapy 11:30 Groundhog Day History 1:30 Wheel of Fortune 2:00 Karaoke with Harold 4:30 Make Thank You Cards / Beach Ball Toss</p> <p></p>	<p>2</p> <p>9:00 Valentine's Day Decorations / Pencils & Books 11:30 Fabulous February 1:30 Hooray for "A's" 2:00 Laundry Basket Basketball 4:30 Fitness Dice / Lucky Dog</p>	<p>3</p> <p>9:00 Design a Helmet / Culinary Cupcake 11:30 Super Bowl Trivia 1:30 Name the Team / Reminisce 2:00 Touchdown 3:30 Super Bowl Party 4:30 Music Therapy</p> <p></p>
	<p>6</p> <p>9:00 Craft - Red Birds / Time Slips 11:30 Reminisce - Birds 1:30 Alpha-Birdical Order 2:00 Golf Lessons 4:30 Joints in Motion / Valentine's Day Cards</p> <p></p>	<p>7</p> <p>9:00 Peg Games / Recipe Search 11:30 This Month in History 1:30 Similies 2:00 Bean Bags 4:30 Strike Zone / Card Games</p>	<p>8</p> <p>9:00 Sports Page / Beauty Therapy 11:30 Was it January or February 1:30 Name Some 2:00 Clothes Pin Bottle Game 4:30 Toss-Um / Bingo</p> <p></p>	<p>9</p> <p>9:00 Buttons & Beads / Clay Sculpting 11:30 I Cannot Tell a Lie 1:30 Think Small 2:00 Ring Toss 4:30 Hopless Hopscotch / Jingo</p> <p></p>	<p>10</p> <p>9:00 Find the Word / Color Sort 11:30 Presidential Facts 1:30 Presidents / Art Table 2:00 Sponge Polo 4:30 Music Therapy</p> <p></p>
	<p>13</p> <p>9:00 Time Slips / Jingo 11:30 Love is Like ... 1:30 Famous Couples 2:00 Music Ball 2:30 Morning Glory Singers 4:30 President's Day Photos / Laundry Basket Basketball</p>	<p>14</p> <p>9:00 Cookie Bake / Reminisce 11:30 Story of St. Valentine 1:30 Red List 2:00 Crown a King & Queen 3:30 Celebrate Valentine's Day 4:30 Number Toss / Clip Coupons</p> <p></p>	<p>15</p> <p>9:00 Word Search / Clay Sculpting 11:30 Old Days Trivia 1:30 What was my Line 2:00 Horseshoes 4:30 Fitness Dice / Bingo</p>	<p>16</p> <p>9:00 Problem Solving Page / Puzzles 11:30 Poetry Reading 1:30 Crosswords 2:00 Golf Lessons 4:30 Sittercise / Chicken Soup</p> <p></p>	<p>17</p> <p>9:00 Personal Biography / Finish the Song 11:30 Let's Meet Abe Lincoln 1:30 Word Chain / Blow Ball 2:00 Fling a Ring 4:30 Music Therapy</p>
	<p>20th</p> <p>9:00 Culinary - Jello Flag Cake / Recipe Search 11:30 Presidential Trivia 1:30 Presidential Race 2:00 Hit the Bulls Eye 3:30 President's Day Celebration 4:30 Clothes Pin Bottle Game / Concentration</p> <p></p>	<p>21</p> <p>9:00 Crossword Puzzles / Ball Roll 11:30 Yesterday's Headlines 1:30 Sayings 2:00 Bowling 4:30 Hat Card Game / Flower Arranging</p>	<p>22</p> <p>9:00 Spelling Bee / Peg Games 11:30 Weird Animal Facts 1:30 Animal Word Scramble 2:00 Lucky Seven 4:30 Bingo / Joints in Motion</p> <p></p>	<p>23</p> <p>9:00 Photo Gallery / Song Titles 11:30 Old Days Trivia 1:30 Home Life 2:00 Laundry Basket Basketball 4:30 Hula Hoop Toss / Marker Art</p>	<p>24</p> <p>9:00 Name the Object / Maze Craze 11:30 You be the Judge 1:30 Famous Numbers / Art Table 2:00 Soccer 4:30 Music Therapy</p> <p></p>
	<p>27th</p> <p>9:00 Sports Page / Recipe Search 11:30 Here Come the Baby Boomers 1:30 Health Focus 2:00 Pendulum 4:30 Ageless Fitness / Dominoes</p>	<p>28</p> <p>9:00 Alphabet Game / Reminisce 11:30 Men's Day In 1:30 Nicknames 2:00 Jarts 4:30 Hoop Ball / Puzzles</p> <p></p>	<p>29</p> <p>9:00 Song Titles / Woodworking 11:30 Birthday Quiz 1:30 Crosswords 2:00 Monthly Birthday Party 4:30 Bingo / Ring Toss</p> <p></p>	<p> HAPPY BIRTHDAY! Reggie Dolores Marie</p>	

Approved By: _____